

# PSHE Long Term Plan

Health and wellbeing (H)	Relationships (R)	Living in the wider world (L)
Healthy Lifestyles Keeping Safe Growing and Changing	Healthy Relationships Feelings and Emotions Valuing Difference	Rights and Responsibilities Taking Care of the Environment Money

	RECEPTION	YEAR ONE/ TWO		YEAR THREE/FOUR		YEAR FIVE/SIX	
		YEAR A	YEAR B	YEAR A	YEAR B	YEAR A	YEAR B
<b>AUT 1</b>	Which values are special at North Stainley?	How can our values help us make the right choice? H1, H2	How can we help?	What are the rules that keep us safe? H15, L2	What is diversity? L11	What does discrimination mean? R13,R14, R16, R17, R18, L6	How can we stay healthy? H1, H2, H3, H4, H12, H16, H17
<b>AUT 2</b>	How do we decide how to behave?	What is bullying? R11, R13, R14	What is bullying? R11, R13, R14	What can we do about bullying? R14, R18, L6	How can we be a good friend? R2, R4	What are human rights? L3, L4, L5	What choices help with health? H1, H2, H3, H4, H12, H16, H17
<b>SPR 1</b>	How do we keep safe?	How do we keep safe? H12, L1, L2	How do we keep safe? H12, L1, L2	What are we responsible for? L7	How do we grow and change? H18	What makes a healthy happy relationship? R5, R6, R7, R8, R11, R12, R19, R20, R21	How can we be safe online and using social media? H22, H25, L17, L18
<b>SPR 2</b>	How do we keep safe?	What is the same and different about us? R5, R8	How can we be healthy? H1, H2	How can we describe our feelings? H6, H7, R1, R9, R15	How do we grow and change? H18	What makes a healthy happy relationship? R5, R6, R7, R8, R11, R12, R19, R20, R21	How can we be safe online and using social media? H22, H25, L17, L18
<b>SUM 1</b>	How do we feel?	How do we show our feelings? R1, R2, R4, R11, R12, R13, R14	How can we keep safe in different places? H11, H12, H13, H14, H15	How can we eat well? H1, H2, H3	How can we keep safe in our local area? H9, H10, H11, H15, H21	How can we manage money? L13,L14,L15,L16	How can we keep safe in our local area? H9, H10, H11, H15, H21
<b>SUM 2</b>	What makes us special?	How do we stay safe online? H12, H16, L6, L7	What can we do with money? L6,L7	What job would we like?	How can we keep safe in our local area? H9, H10, H11, H15, H21	How can money affect us? What makes us enterprising? L13,L14,L15,L16	How can we manage risk? H9, H10, H11